

# Carleigh Bodrug (Plant You) - Followerentwicklung

@plantyou · Food-Influencer

## Reichweitenbarometer

Instagram-Reichweiten im Vergleich

Zeitraum: 06.07.2026 - 02.08.2026

Messtage: 28

| DATUM      | FOLLOWER  | Δ TAG  |
|------------|-----------|--------|
| 02.08.2026 | 5.785.893 | +473   |
| 01.08.2026 | 5.785.420 | +319   |
| 31.07.2026 | 5.785.101 | +398   |
| 30.07.2026 | 5.784.703 | +90    |
| 29.07.2026 | 5.784.613 | -530   |
| 28.07.2026 | 5.785.143 | +1     |
| 27.07.2026 | 5.785.142 | +256   |
| 26.07.2026 | 5.784.886 | +209   |
| 25.07.2026 | 5.784.677 | +253   |
| 24.07.2026 | 5.784.424 | +151   |
| 23.07.2026 | 5.784.273 | +119   |
| 22.07.2026 | 5.784.154 | +139   |
| 21.07.2026 | 5.784.015 | +210   |
| 20.07.2026 | 5.783.805 | +909   |
| 19.07.2026 | 5.782.896 | +1.036 |
| 18.07.2026 | 5.781.860 | +1.061 |
| 17.07.2026 | n/a       | n/a    |
| 16.07.2026 | 5.780.799 | +711   |
| 15.07.2026 | 5.780.088 | +1.502 |
| 14.07.2026 | 5.778.586 | +1.331 |
| 13.07.2026 | 5.777.255 | +1.336 |
| 12.07.2026 | 5.775.919 | +1.101 |
| 11.07.2026 | 5.774.818 | +348   |
| 10.07.2026 | 5.774.470 | +493   |
| 09.07.2026 | 5.773.977 | +429   |
| 08.07.2026 | 5.773.548 | +490   |
| 07.07.2026 | 5.773.058 | +515   |
| 06.07.2026 | 5.772.543 | n/a    |